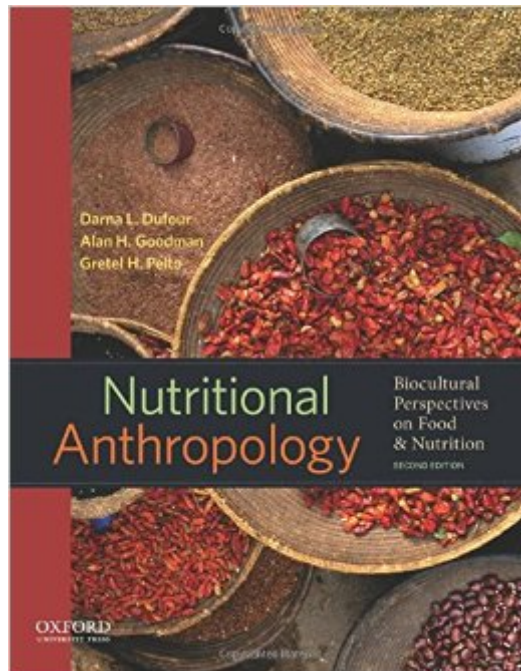


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# Nutritional Anthropology: Biocultural Perspectives On Food And Nutrition



## Synopsis

Revised for the first time in ten years, the second edition of *Nutritional Anthropology: Biocultural Perspectives on Food and Nutrition* continues to blend biological and cultural approaches to this dynamic discipline. While this revision maintains the format and philosophy that grounded the first edition, the text has been revamped and revitalized with new and updated readings, sections, introductions, and pedagogical materials that cover current global food trade and persistent problems of hunger in equal measure. Unlike any other book on the market, *Nutritional Anthropology* fuses issues past and present, local and global, and biological and cultural in order to give students a comprehensive foundation in food and nutrition.

## Book Information

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## Customer Reviews

The field of nutritional anthropology and food studies has grown in scope and significance in recent years, and the interest in these topics bridges many constituencies - from academics to activists, from policy makers to "foodies." The new edition of this seminal volume will have something for everyone of these interest groups, as it represents the most comprehensive collection of articles, and reflects a truly biocultural perspective - as well as an anthropologically four field approach to the field. A few classic articles are included in this volume, including Richard Lee's account of Christmas in the Kalahari and Marvin Harris' Sacred Cow examination - but many of the articles are new to this edition and indeed reflect the burgeoning of the discipline. In the interests of transparency I confess that I have an article included in the volume, but my mere five pages is a small segment of this exhaustive volume that includes more than 500 pages, so I feel I can reflect on the remainder of the

volume objectively. The editors set the stage for the volume in their introduction in which they articulate the importance of the biocultural perspective and of seeing food production, distribution, use, metabolism, and food perception and symbolism all as part of complex food systems that warrant analysis from a variety of perspectives. Throughout the volume the editors balance differing perspectives and competing paradigms. The book is divided into sections that focus on specific aspects of nutritional anthropology. One large section includes nearly a dozen articles that examine the evolution of human food patterns, the diversity of subsistence strategies, and the biological legacy we carry forward from our long distant ancestors of earlier millennia.

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